

New York State Sun Safety Toolkit for PreK-12 Schools



Promoting sun safety and reducing skin cancer risk for students and staff across New York State

ABOUT THE TOOLKIT

This toolkit provides school districts with knowledge, tools and resources to promote sun safety, discourage indoor tanning, and reduce skin cancer risk for Pre-Kindergarten (Pre-K) through 12th grade students and staff in New York State (NYS).

TOOLKIT FEATURES



Skin cancer and sun safety facts and statistics

An overview of skin cancer and sun safety including sun safety laws and melanoma statistics specific to NYS.



A stepwise approach to creating sun safe schools

Guidance and best practices for schools to adopt sun safety policies and practices within their school building or district.



School sun safety impact stories

Impact stories from schools who have passed sun safety policies.



Sun safety supports and resources

Sun safety environmental supports and educational resources to support policy implementation.



Sample sun safety forms and communications

A sample sun safety policy, sunscreen permission form, and sample communication letters that schools can modify.

HOW TO ACCESS

The toolkit is free and digitally available as a PDF link on the Skin Cancer Action Team webpage of the Consortium website.

<https://www.nyscancerconsortium.org/teams/skin-cancer/>

SUN SAFETY AND SCHOOLS

Students and staff spend time outdoors at school when the ultraviolet (UV) index is highest. Outdoor activities result in extended periods of UV exposure. Implementing sun safety policies and practices in schools is a proactive way to protect students and staff from the sun.



DID YOU KNOW?

- Skin cancer is one of the most common cancers in people younger than 30 (especially younger women).
- Just one blistering sunburn during childhood can double a person's lifetime risk of developing melanoma.
- About 23% of a person's lifetime sun exposure happens by the age of 18.
- Indoor tanning before age 30 increases the risk of melanoma by 75%.

For More Information



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