

Improving Navigation for Cancer Survivors in Rural Communities

May – June 2025



NYSCC SURVIVORSHIP
LEARNING SERIES

Funding: Centers for Disease Control and Prevention



Housekeeping Items

Please mute your line and remain on camera.

If you have a question, please type it in the Chat Box. Questions will be answered after the panel discussion.

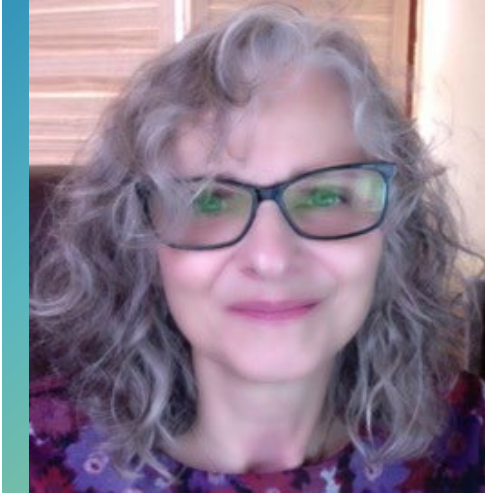
This session is being recorded, and a link will be e-mailed to attendees and posted on the NYS Cancer Consortium Website (nyscancerconsortium.org)

The PowerPoint and materials will be sent to attendees after each session including a link to complete the evaluation survey for each session.

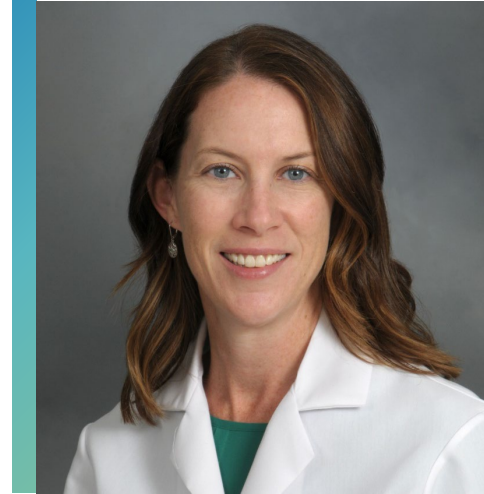
Participants must commit to all three sessions. Information for receiving CE credit will be provided after the third session.

Do NOT share any personal information about any patient.

Introductions



**Sylvia K. Wood PhD,
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**Director, Ph.D.
Program in Nursing**
Department of Doctoral
Studies Stony Brook
University School of
Nursing



**Clare Moran Maruschak,
DNP, FNP, RN**
**Clinical Instructor,
Survivorship Coordinator**
Stony Brook University
Hospital



Timothy P Korytko, MD
**Chief of Radiation
Oncology**
Bassett Healthcare
Network

Speakers have no disclosures or conflicts to report.

Participant Introductions

Please type your name (first and last), health center or organization, and your email address into the Chat Box.

The New York State Cancer Consortium

*Working Together,
Reducing Cancer,
Saving Lives*



Visit us at
nyscancerconsortium.org

We work together to implement the **NYS Comprehensive Cancer Control Plan** and reduce the burden of cancer through the following activities:



Increase public knowledge of the Consortium and Plan



Collaborate to achieve Plan goals and objectives



Share progress, insight and expertise



Track progress on cancer indicators tied to the Plan

Improving Navigation for Cancer Survivors in Rural Communities

A virtual learning series to increase knowledge and competency of patient navigator practices and strategies for cancer survivors in rural communities.

1

Transitions in Survivorship; Finding the Way

May 8, 2025 | 12:00 - 1:00pm

2

Navigating Communications in Survivorship Care

May 22, 2025 | 12:00 - 1:00pm

3

Navigating Legal & Financial Issues in Survivorship Care

June 5, 2025 | 12:00 - 1:00pm

Learning Objectives

1. Describe cancer survivorship guidelines
2. Identify the recommended components of survivorship care
3. Describe resources to improve care for cancer survivors
4. Describe best practices to improve care for cancer survivors
5. Describe the responsibilities of the primary care provider compared to the Oncology Team

Session 1: Transitions in Survivorship; Finding the Way

May 8, 2025 | 12:00 - 1:00pm

Moderator: Sylvia K. Wood PhD, DNP, ANP-BC, AOCNP

Presenters:

Clare Moran Maruschak, DNP, FNP, RN

Timothy P Korytko, MD

Components of Cancer Survivorship Care

In cancer, survivorship focuses on the **health and well-being** of a person with cancer from the time of diagnosis until the end of life.

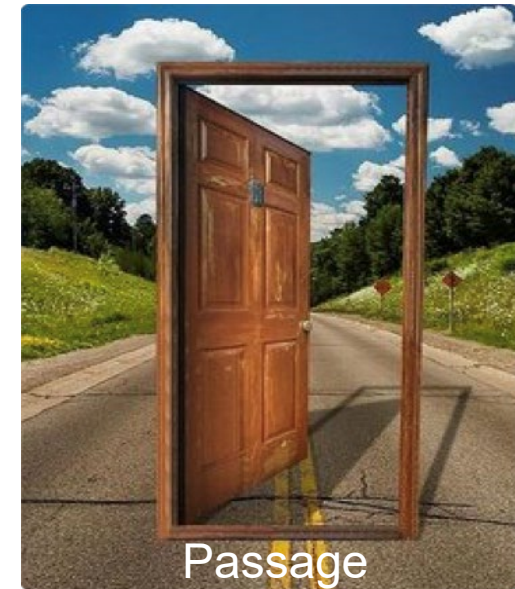
This includes the **physical, mental, emotional, social, and financial** effects of cancer that begin at diagnosis and continue through treatment and beyond.

The survivorship experience also includes issues related to **follow-up care (including regular health and wellness checkups), late effects of treatment, cancer recurrence, second cancers, and quality of life.**

Family members, friends, and caregivers are also considered part of the survivorship experience.

National Cancer Institute-NCI Dictionary of Cancer Terms.
Survivorship

Transition to Cancer Survivorship



Cancer Survivors Community Engagement Forum

Focus Group Findings

Transition of care from treatment to survivorship

- *Feeling lost; need for advocacy*
- *Not knowing what comes next*

Roles & Responsibilities

- *Confusion & anxiety over changes in providers, roles & responsibilities in care*

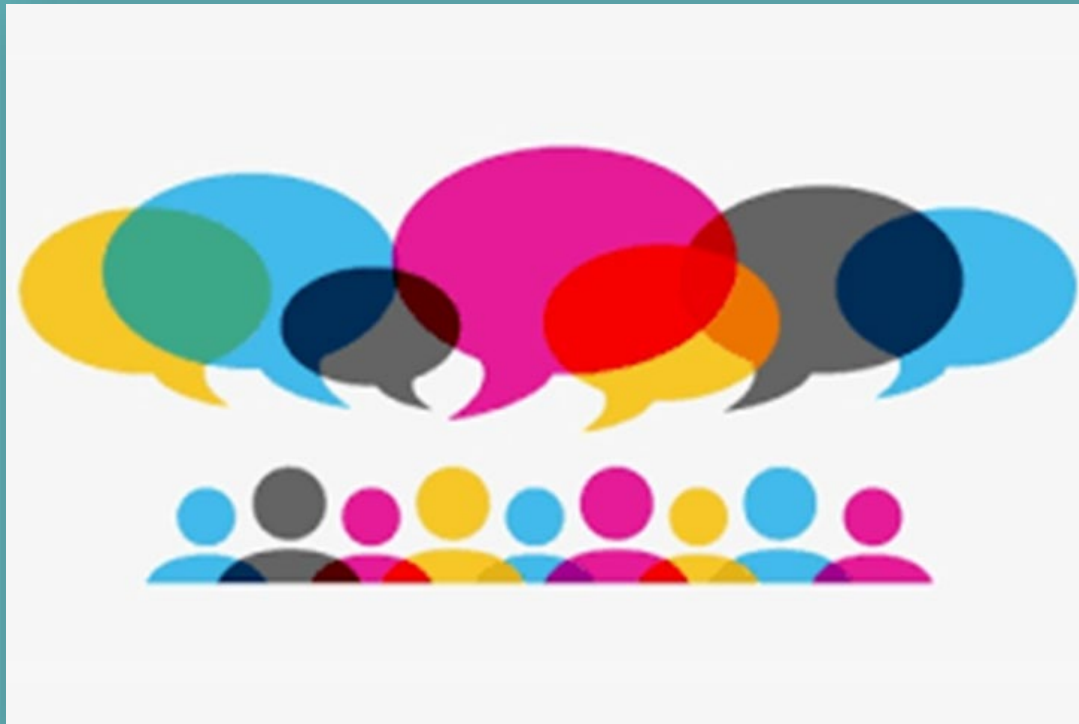
Communication Issues

- *Not being “heard”*
- *Symptoms & concerns not being taken seriously*
- *Feeling like they have been “dropped off a cliff”*
- *No communication about what is coming, or what to expect*

Financial & Legal Issues

- *Falling through the cracks in insurance coverage*
- *Not sure how to deal with disabilities*
- *Need help to navigate issues with insurance coverage, post treatment and survivorship care benefits*

Panel Discussion



Cancer Survivorship Clinical Practice Guidelines

National Academy
of Medicine
Recommendation

National Comprehensive
Cancer Network (NCCN)

Dr. Tessa Flores!

By Topic:

Anthracycline-induced
cardiac toxicity
Anxiety and depression
Cognitive function
Exercise
Fatigue
Healthy lifestyles
Immunizations and infections
Menopause-related
symptoms
Pain
Sexual function (female/male)
Sleep disorders

The Children's Oncology Group
Long-Term Follow-Up
Guidelines for Survivors of
Childhood, Adolescent, & Young
Adult Cancers

By Topic:

Any Cancer Experience

- Psychosocial, Fatigue, Sleep, limitations in healthcare access, subsequent malignancy, malignancy risk offspring

Blood/Serum Products
Chemotherapy
Radiation
Hematopoietic Cell Transplant
Surgery
Other Therapeutic Models
General Health Screening

American Society of Clinical
Oncology (ASCO)

By Topic:

Anxiety and depression
Cardiac dysfunction
Chronic pain
Fatigue
Fertility preservation
Neuropathy
Palliative care

By Cancer Site:

Breast (ASCO/ACS)

American Cancer Society
(ACS) Survivorship Care
Guidelines for Primary Care
Providers

By Topic:

Holistic:

Care coordination
Health promotion
Long-term and late effects
Nutrition and physical
activity
Screening
Surveillance

By Cancer Site:

Breast (ACS/ASCO)
Colorectal
Prostate
Head and neck



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Achieving cancer control success for all
New Yorkers

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About the New York State Cancer Consortium

The New York State Cancer Consortium is a network of individuals and organizations who work together to reduce the burden of cancer by implementing strategies outlined in the NYS Comprehensive Cancer Control Plan. [Click Here](#) for more information about what we do and how to get involved.



<https://www.nyscancerconsortium.org/>



cancerconsortium@health.ny.gov

Upcoming Session Dates

May 22nd

12 – 1:00pm

Session 2: Navigating
Communications in
Survivorship Care

June 5th

12 – 1:00pm

Session 3: Navigating
Legal & Financial
Issues in Survivorship
Care



Thank you for attending

Please complete the
session evaluation

